

*Pasitos School*

# Guia Semanal ~ Weekly Resource Guide

week 2, day 1

## Mi cuerpo puede....



### Consejos Para Padres ~ Parenting Tips

An important part of Reggio-inspired learning environments relates to the image that we, as adults, have of the child and of their capabilities. Is the child capable? Is the child competent? What can the child do alone? What can the child do with support? What is unrealistic for the child to accomplish on their own? While it is unreasonable to ask a child to do something that is beyond their developmental range, it's important that we don't do for a child what she or he can do alone or with support. Every time we jump in as loving and caring adults to do for a child what they can do, we are telling him or her with our actions, "You are not capable, you are not competent. I need to do this for you because you can not do it alone." Instead, offer support and encouragement while offering specific feedback and praise. By offering gentle support and praise we are telling children with our actions, "You are capable. You can do it. I trust you. I am here to help."

Click [here](#) to learn more about building competence in your child.

## Actividades para intentar en la casa ~ Activities to try at home

Build vocabulary while building body awareness with your child. Using a doll/muñeca or a stuffed animal/pelucho, invite your child to help you outline the doll or animal on a large sheet of paper or on a flat cardboard box (try opening up a cracker or cereal box to draw on the inside). Invite your child to color or paint the inside of the body while talking about body parts on the doll and where those same body parts are on themselves. You can also talk about the colors they are choosing to use.

Cabeza/Head	Hombros/Shoulders	Mano/Hand
Rodillas/Knees	Brazos/Arms	Pie/Foot

### [Cubos de gelatina- jello cubes](#)

<ul style="list-style-type: none"> <li>• Un sobre de gelatina en polvo.</li> <li>• 2 tazas de agua caliente</li> <li>• 2 tazas de agua fría.</li> <li>• Contenedor de cubos de hielo</li> <li>• Mesa sensorial</li> </ul>	<p>Hacer la gelatina como lo indica el paquete.</p> <p>Poner la gelatina en los contenedores de los cubos de hielo y dejarlos enfriar hasta que se hagan sólidos.</p> <p>Vaciar la gelatina en la mesa sensorial. Agregar trastes, cucharas, y vasos. Y dejar que los niños jueguen.</p>
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### [Canciones Para Cantar ~ Songs to Sing](#)

<p><a href="#">Cabeza, hombros, rodilla, y pie</a></p> <p>Cabeza, hombros, rodilla, y pie Cabeza, hombros, rodilla, y pie Ojos, oreja, boca y nariz Cabeza, hombros, rodilla, y pie</p> <p>Cabeza, hombros, rodilla, y pie Cabeza, hombros, rodilla, y pie Ojos, oreja, boca y nariz Cabeza, hombros, rodilla, y pie</p>	<p><a href="#">Tengo dos manitas</a></p> <p>Tengo una manita la hago bailar La abro, la cierro, y la vuelvo a guardar</p> <p>Tengo otra manita la hago bailar La abro, la cierro, y la vuelvo a guardar</p> <p>Tengo dos manitas las hago bailar Las abro, las cierro, y las vuelvo a guardar</p>
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