

# Guía Semanal ~ Weekly Resource Guide

week 10 - day 2

## Huevos, pájaros, ¡a volar!



### Consejos Para Padres ~ Parenting Tips

The benefits of bilingualism for children and adults continue to be proven in research with advantages ranging from cultural connections, enhanced cultural awareness, higher academic achievement scores, and reduced incidence of dementia and Alzheimer's. You can introduce [multiple languages to your child](#) from an early age. Whether you practice the one-parent, one-language approach or the language location approach (speaking a specific language in specific locations, i.e. Spanish at home and English outside the home), it can help by building specific times into your schedule to speak the target language. If you have multiple languages to offer your child, designate specific routines or times to be done in the target language. Try bath time in Spanish. Sort and fold laundry in Japanese. Empty the dishwasher in Arabic. Then always do that routine, every time, in the target language.

Offering opportunities for your child to demonstrate success and exert their independence, such as by offering limited choices, and allowing your child to choose how they would like to help. By involving your child in ritualized chores, such as laundry (ages 12 months and up), toy pick-up (ages 6 months and up), assisting with toileting (age 12 months and up), dishes (ages 3 and up), food prep (30 months), or picking out their own clothes and getting dressed you can also use these times to build vocabulary and your relationship with your child in the target language.

Click [here](#) for additional resources on using multiple languages with young children in early childhood from the Center for Applied Linguistics.

## Actividades para intentar en la casa ~ Activities to try at home

### [Goop o moco](#)

<p>Materiales:</p> <ol style="list-style-type: none"> <li>1. Maizena</li> <li>2. Agua</li> <li>3. 1/8 cucharada de tinta comestible</li> </ol>	<p>Pon la tinta comestible en la maizena. Lentamente, mezcle agua, cucharada por cucharada, con la maizena. Está listo cuando está todo unido y no se pega tanto.</p> <p>Describe su textura. Usa palabras como deslizar (<i>slide</i>), resbalar (<i>slip</i>), pasar (<i>pass</i>), gotear (<i>drip</i>) para describir como el moco se mueve.</p>
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### [Canciones Para Cantar ~ Songs to Sing](#)

<p><a href="#">Mi Conejito</a></p> <p>Salta mi conejito Para tus orejitas Come tu sacatito, mi conejito, mi conejito (2x)</p> <p>El domingo de Pascua, Voy a buscar huevitos Donde los escondiste, mi conejito, mi conejito (2x)</p>	<p><a href="#">Sun sun babae</a></p> <p>Sun, sun, sun, babaé Sun, sun, sun, babaé</p> <p>Sun, sun, sun, sun, sun, babae Sun, sun, sun, sun, sun, babae Pájaro lindo de la madrugá' Pájaro lindo de la madrugá', vaya</p> <p>(Sun, sun, sun, sun, sun, babae) (Sun, sun, sun, sun, sun, babae) (Pájaro lindo de la madrugá') (Pájaro lindo de la madrugá')</p> <p>Eee sun, sun, sun, sun, sun, babae Sun, sun, sun, sun, sun, sun sun Que sun, sun babae Pájaro lindo de la madrugá' Pájaro lindo de la madrugá'</p> <p>(Sun, sun, sun, sun, sun, babae) (Sun, sun, sun, sun, sun, babae) (Pájaro lindo de la madrugá') (Pájaro lindo de la madrugá')</p> <p>Ee pajarito volandero (Pájaro lindo sun, sun) Ay pero llévame a tu nido (Pájaro lindo sun, sun)</p>
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	<p>Ay pajarito, que bonito, pajarito Pajarito, pajarito volandero (Pájaro lindo sun, sun) Ay lleva llévame a tu nido (Pájaro lindo sun, sun)</p> <p>Vaya</p> <p>(Pájaro lindo sun, sun) Ee llévame a tu nido, llévame a tu nido Llévame a tu nido, pajarito, pajarito (Pájaro lindo sun, sun) Ay qué pajarito tan volandero (Pájaro lindo sun, sun) Ee que como vuela el pajarito (Pájaro lindo sun, sun)</p>
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